UCMC – Pancreas Transplant Immunosuppressive Guidelines

Population At time of Tx select NORMAL Risk Category (RC).	Induction	Antimetabolite		Calcineurin Inhibitor			
For Simultaneous Pancreas-Kidney: over time post-Tx, may need to transition to Oliguric ATN/Delayed CrCl/Slow Graft Function (SGF) RC based on clinical situation ¹	Rabbit antithymocyte globulin (Thymoglobulin [®]) ^{2,3}	Steroids	Mycophenolate Mofetil (Cellcept [®]) ⁶	Tacrolimus (Prograf [®])	Tacrolimus Target Levels		
RC: Normal ¹ Pancreas Alone Pancreas after Kidney Simultaneous Pancreas-Kidney	1.5mg/kg/dose 5 doses: POD #0, 1, 2, 3, 4 Total dose = 7.5mg/kg Initiate intraoperatively	Taper ^{4,5} Initiate PERI-op	1000mg PO BID Initiate PRE operatively	Starting dose 0.1mg/kg/day divided in 2 daily doses ⁷ Max 4mg PO BID Initiate by POD #1	POD #0-89: 10-15 ng/mL POD #90-364: 8-10 ng/mL POD #≥365: 6-8 ng/mL if no rejection history		
 RC: Oliguric ATN/Delayed CrCl/SGF¹ UOP < 250ml in first 12 hours UOP < 500ml in first 24 hours No ↓ SCr by > 10% in first 48 hours 	1.5mg/kg/dose 5 doses: given POD #0, 1, then every other day Total dose = 7.5mg/kg Initiate intraoperatively	Taper ^{4,5} Initiate PERI-op	1000mg PO BID Initiate PRE operatively	2mg PO BID ^{8, 9} Initiate by POD #1	Until SCr ↓ ≥ 50% of pre-Tx: 6-10 ng/mL Then POD #0-89: 10-15 ng/mL POD #90-364: 8-10 ng/mL POD #≥365: 6-8 ng/mL if no rejection history		

¹Oliguric ATN/Delayed CrCl/SGF

- If simultaneous pancreas-kidney patient experiences oliguric ATN, delayed
 CrCl, or SGF: refer to Oliguric ATN/Delayed CrCl/SGF guideline as appropriate.
- Note: Any patient experiencing Oliguric ATN/Delayed CrCl/SGF who is not in a research protocol will receive immunosuppression based on these guidelines, regardless of regimen initiated at transplant.
- Consider performing kidney allograft biopsy at 7-10 days post-transplant, then weekly until kidney function starts to recover

²Thymoglobulin[®]

- Use pre-op weight on day of transplant for dose calculations
- Round doses to nearest 25 mg
- Premedication: administer 30 minutes before dose
 - Steroids = 500mg methylprednisolone pre-op for first dose then daily steroid taper
 - Acetaminophen 650mg PO
 - Diphenhydramine 25mg PO
- Administration: 1st dose over 24 hours and subsequent doses over 4-6 hours.
 Decrease rate if adverse events occur or if patient becomes hemodynamically unstable

 7 For African Americans: consider tacrolimus starting dose of 0.2 mg/kg/day divided in 2 daily doses. Max 8mg PO BID.

⁸For African Americans: start tacrolimus at 4 mg PO BID

⁹Tacrolimus levels must be therapeutic before Thymoglobulin® is discontinued.

3Thymoglobulin® recommended dose adjustments

Laboratory parameter	Adjustment	Comments		
ANC >1200 cells/μL AND PLT > 80,000 cells/μL	None	Complete held or decreased dose at next dosing interval (to ensure total dose of 7.5mg/kg)		
ANC ≤ 1200 cells/μL OR PLT ≤ 80,000 cells/μL	Reduce dose by 50%			
ANC ≤ 800 cells/μL OR PLT ≤ 50,000 cells/μL	Hold dose			

⁴STEROID Administration

Administer methylprednisolone prior to rabbit antithymocyte globulin (Thymoglobulin®) dose when appropriate 5STEROID Taper

POD	0	1	2	3	4	5	6	7	8+
Methylprednisolone IV	500	250	125	80					
Prednisone PO					60	40	30	20	5 daily (indefinitely)

⁶Mycophenolate recommended dose adjustments

Laboratory parameter	Adjustment			
Mycophenolate mofetil (MMF)				
WBC ≤ 3000 cells/μL	Refer to leukopenia management guideline			
ANC ≤ 1500 cells/μL	MPA AUC methodology can be found in the PK monitoring of			
	mycophenolate mofetil (Cellcept®) guidelines			