





# Who are The Community Builders?

TCB is a national real estate developer that has operated in Avondale since 2012 with support from a \$29.5 million HUD Choice grant

Equality, Diversity, Prosperity



### TCB Success in Avondale

- 25% increase in residents working for pay, 2013-2018 <sup>1</sup>
- **51%** increase in children with access to primary care provider (44% to 95%), 2014-2017 <sup>1</sup>
- **54%** increase in early childhood education enrollment, 2013-2017 <sup>1</sup>

And their work continues...





### Who are TCB residents?

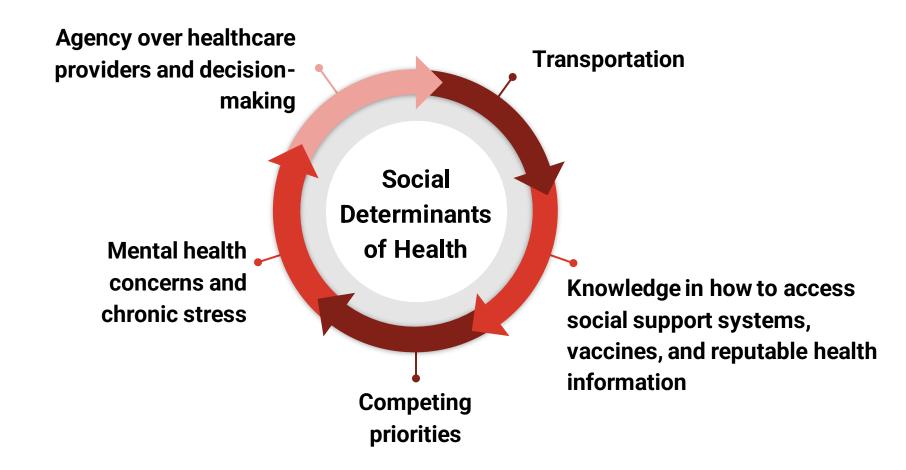
91% of heads of household are women 1

>77% of residents are black <sup>1</sup>

41% have completed high school or obtained GED 1

\$10,246 Average Household Income <sup>1</sup>









# **Project Goal**

To create an accessible resource guide for TCB residents





### Methods

- Conducted interview
   with health champions
   and toured the
   community
- Identified areas of greatest concern and matched them with local resources
- 3. Created and shared a virtual brochure for residents



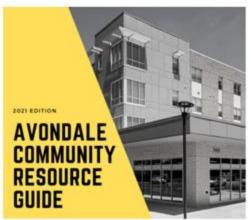
### Brochure



Thank You! You are now online! Avondale Community Wi-Fi

Please see below for resources and updates for the Avondale Community.





THECOMMUNITY BUILDERS

### Comprehensive Avondale Community Resource Guide

Click Here to Access

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### **Brochure**



#### **COVID-19 Information**

#### Vaccination Information

Cincinnati Health Department Vaccine Information and Sign Up

Address: 3101 Burnet Ave, Cincinnati, OH 45229

- Website: https://www.cincinnati-oh.gov/health/covid-19/vaccine-information-sign-up/
- Sign up for the COVID-19 vaccine; provides FAQs for the COVID-19 vaccine.
- Ohio Department of Health Vaccine Provider Information

Address: 246 N High St, Columbus, OH 43215

Website: https://vaccine.coronavirus.ohio.gov/

- . Search by county/ZIP code to see a list of providers with websites and contact information
- OUC Health Vaccine Distribution

Address: 3113 Bellevue Ave Cincinnati, OH 45229

Website: https://www.uchealth.com/en/covid-19/covid-19-vaccine/vaccine-distribution

- Information on scheduling a vaccine appointment through UC Health and general FAQs

#### **Testing Sites**

The Health Collaborative - Test and Protect Program

Address: 615 Elsinore Pt., Suite 500, Cincinnati, CH 45202

Website: https://healthcollab.org/testandprotect/

- · Provides an up-to-date list of COVID-19 testing locations by city and testing FAQs.
- Cincinnati Health Department COVID-19 Testing Map

Address: 3101 Burnet Ave, Cincinnati, OH 45229

Website: https://www.cincinnati-oh.gov/health/covid-19/covid-19-testing-map/

. Provides a map of current COVID-19 testing locations in Hamilton County

#### Telemedicine and Healthcare Resources

#### Ambrose H. Clement Health Center

Address: 3559 Reading Rd Suite 101, Cincinnati, OH 45229

Website: https://www.cincinnati-oh.gov/health/

- Healthcare facility with services that include adult medicine, pediatrics, obstetrics/gynecology, mental health services, pharmacy, WIC and health insurance enrollment assistance, and laboratory services.
- University Hospital General Medicine Clinic

Address: 3130 Highland Ave, Cincinnati, OH 45219

Website: https://www.uchealth.com/services/primary-care/appointments/

- . Primary Care Clinic; hours: Monday-Friday: 8am-5pm; appointment required, no walk-ins
- Telehealth My UC Health

By Phone: Call My UC Health help desk at 513-585-5353 for assistance Website: uchealth.com/myuchealth

 A free, safe, and secure online application that allows you and any other UC Health patient to access, manage and receive your personal health information remotely

#### Dental, Pharmacy, & Medication Assistance

Crest Smiles Stoppe

Address: 612 Rockdale Avenue, Cincinnati, OH 45229

Website: http://www.cincinnati-oh.gov/health/

- Provides dental care on a sliding fee scale to Cincinnati residents, must bring photo ID, proof of residence, proof of income, and \$20 co-pay
- University Hospital Dental Center

Address: 234 Goodman St, Cincinnati, OH 45219 (3rd Floor of 8 Pavilion)

Website: https://www.uchealth.com/services/dental-center/

- + Provides dental services on a sliding fee scale; appointment required
- Ohio's Best Rx

Website: http://www.ohlobestrx.org/

- Prescription drug discount card program designed to lower the cost of prescriptions for Ohio residents without prescription drug insurance coverage who are 60 years of age or older or under the age of 60 depending on annual family income
- Discount Prescription Drug Card Internet Drug Coupons

Website: https://www.internetdrugcoupons.com/

 Printable card that will provide you with prescription medication savings of up to 75% for both the insured and uninsured

#### Food Resources & Assistance

Shilloh Seventh-Day Adventist Church Food Pantry

Address: 725 Whittier St, Cincinnati, OH 45229

Website: https://shiloheda513.org/

- Food Pantry open to anyone in need; No eligibility requirements; Bring ID.
   Hours: Monday, Wednesday; 11:30 am-2 pm (not open the first week of the month).
- Corinthian Baptist Church Produce Pop-Do

Address: 1920 Tennessee Ave, Cincinnati, OH 45229

Website: https://www.cbc-c.com/

- . Runs the 3rd Saturday of the month: 3 pm-5 pm; Open to area residents; Requires photo ID
- Queen City Kitchen Over-The-Rhine Pantry and Kitchen

Address: 1620 Vine St. Cincinnati, 0H 45202

Website: https://gueencitykitchen.squarespace.com/locations

- Open Saturday + Sunday: 12:00 1:00 pm
- St. Francis Seraph Soup Kitchen

Address: 1615 Republic St, Cincinnati, OH 45202

- Website: https://www.sfsministries.org/our-ministries/soup-kitchen/
- "Pick Up Meal" distribution protocol: breakfast 7:30am-8:30am; dinner 4:30pm 5:30pm
- Our Daily Bread Soup Kitchen

Address: 1730 Race St. Cincinnati, OH 45202

Website: https://ourdailybread.us/portfolio/soup-kitchen/

- + The soup kitchen is open Monday through Friday from 8:30 am 11:45 am
- Kids Club is open Tuesday Thursday for snacks/activities for children 2:30pm-5:00pm 4

#### **Employment Resources**

Community Action Agency

Address: 1740 Langdon Farm Rd. Cincinnati, OH 45237

Website: https://www.cincy-csa.org/what-we-do/career-pathways/

- Offers various job training programs, including vocational training, Rapid re-employment program, Fresh Start program, employment readiness, construction training, and basic computer titracy to industry level IT training
- Urban League of Greater Cincinnati.

Address: 3458 Reading Road, Cincinnati, OH 45229

Website: https://www.uigso.org/employmentconnections

- · Explore job opportunities with employment partners and the assistance of staff coaches
- Ohio Means Jobs Hamilton County Dept. of Job and Family Services

Address: 1916 Central Pirary, Cincinnati, OH 45214

- Website: https://www.omj-cinham.org/event/online-training-and-workshops/2021-01-01/
- Provides free online educational workshops, career coaching, job leads and search
  assistance, and transportation services.
- Community Link Hamilton County Dept. of Job and Family Services

Address: 222 E Central Parkway, Cincinnati, OH 45202

Website: https://www.hcjfs.org/services/workforce-development/

Remove parriers to finding employment and work with partners to find work assignments

Cincinnati Works

Address: 708 Walnut St, Cincinnati, OH 45202

Website: https://cincinnatiworks.org/confact-us/

 Provides free career coaching and support services, from crafting a resume and applying for a job to networking and budgeting

#### Rent, Utility, & Financial Assistance

All Saints Catholic Courch SVDP Rant & Utility Assistance

Address: 1125 Bank St, Cincinnati, OH 45214

Website: https://www.svdpcincinnati.org/get-help/rent-utility-assistance/

- Resources reserved for helping Cincinnati residents pay their overdue rent and utility bills
- Christ Church Cathedral Plumb Line Program

Address: 318 E 4th St, Cincinnati, OH 45202

Website: https://cincinnaticathedral.com/coc/outreach/

- · Provides assistance to people who are facing eviction from their homes
- Cincinnati-Hamilton County Community Action Agency

Address: 1740 Langdon Farm Rd, Cincinnati, OH 45237

Website: https://www.cincy-caa.org/what-we-do/family-support/supportive-services.html

- . Case managers help clients receive aid for assistance with rent and utilities
- Prevention/Retention/Contingency Program Hamilton Co. Dept. of Job and Family Services
- Weesite : https://www.hcifs.org/preventionstentioncontingency-pre-program-growing/
   Assists residents with a short-term or immediate need for rental assistance to prevent
  eviction or financial assistance to pay a utility bill; also offers infant safety products

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### Brochure



#### Legal Aid Assistance

Legal Aid Society of Greater Cincinnati

Address: 215 E 9th St, Suite 200, Cincinnati, OH 45202 Website: https://www.lascinti.org/

- . Legal representation, information; advice, and referral for lower-income residents of Brown Butler, Clermont, Clinton, Hamilton, Highland, and Warren Counties in need of legal help.
- Ohio Justice and Policy Center (OJPC)

Address: 215 E 9th St. Suite 601, Cincinnati, OH 45202 Website: http://phiojpc.org/

- . Offers virtual high-quality legal assistance, advice, and education to Ohioans free of charge
- Ohio Legal Help through the Ohio Legal Assistance Foundation.

Address: 10 West Broad Street, Suite 950, Columbus, OH 43215 Website: https://www.ohiolegaihelp.org/

- . Interactive legal help information, self-help tools, and connections to local legal and community resources that can help people resolve their legal issues

Address: 7162 Reading Road, Suite 1150, Cincinnati, OH 45237 Website: https://www.proseniors.org/

. Offers Ohio residents age 60 and older advice and information needed to solve legal and nursing home, adult care facility, home health care, and consumer problems

#### Transportation Assistance

- Hamilton County Job and Family Services Non-emergency Transportation (NET) Address: 222 E Central Pkwy, Cincinnati, OH 45202
- Website: https://www.hcifs.org/services/medical-assistance/submit-a-transportation-request
- . NET may be able to provide transportation to and from medical appointments
- . To be eligible, customers must be in receipt of Medicald and call 5 days in advance
- Prevention/Retention/Contingency Program Hamilton Co. Dept. of Job and Family Services Address: 222 E Central Pkwy, Cincinnati, OH 45202

Website: https://www.hcjfs.org/preventionretentioncontingency-pro-program-growing/

- Assists residents with funds for school and employment-related needs such as transportation. (gas cards or bus cards) or needed car repairs
- Metro's Fare Deal Program

Address: 7000 Montgomery Rd, Cincinnati, OH 45236

Website: https://www.go-metro.com/fare-information/faresandpasses2/fare-deal-program.

- . Eligible riders can obtain a Fare Deal ID card valid for half-price fares on any Metro trip
- Adults 65 years old and older. Medicare cardholders of any age are also automatically eligib. and riders with disabilities are eligible

#### **Mental Health Resources**

Greater Cincinnati Behavioral Health Services

Address: 1501 Madison Rd. Cincinnati, OH 45206

Website: https://www.gcbhs.com/programs-services/mental-health-services/

· Provides mental health counseling and medications for homeless individuals

Central Community Health Board (CCHB) Community Psychiatric Supportive Service Address: 532 Maxwell Ave, Cincinnati, Ohio 45219

Website: http://cchbinc.com/service/community-psychiatric-support-program/

- · Provides mental health and chemical dependency treatment and HIV prevention services to the citizens of Greater Cincinnati/Hamilton County, Ohio.

Address: 2600 Victory Parkway, Cincinnati, OH 45206

Website: https://www.talberthouse.org/help/community\_care-3/

- · Provides mental health and substance use assessment and treatment services
- The Health Resource Center of Circinnati

Address: 2347 Vine Street, Cincinnati, OH 45221 (in the IKRON Building) Website: http://www.hrcci.org/

- . Clinic specializing in mental health and substance abuse care for the homeless
- Mental Health Access Point (MHAP)

Address: 311 Albert Sabin Way Cincinnati, OH 45229

- Website: http://www.mentalhealthaccesspoint.org/
- · Assessments, authorization for and connection to appropriate mental health services
- Opportunities for Ohioans with Disabilities

Address: 895 Central Ave (7th Floor Centennial Plaza 3), Cincinnati, OH 45202

- Website: https://ood.ohio.gov/wps/portal/gov/ood/
- · State agency that partners with Chicans with disabilities to achieve quality employment, independence, and Social Security disability determination outcomes
- Mental Health America of NKY & Southwest Ohio.

Address: 2400 Reading Road, Suite 139, Cincinnati, OH 45202

Website: https://www.mhankyswoh.org/Home

- + "The Support Group Clearinghouse" maintains listings of known area support groups for people who share similar mental, emotional or physical health care problems
- · "Compeer" utilizes volunteer friendship to help people with mental illness feel more connected to their community, feel less isolated, and increase their independence
- Recovery Center of Hamilton County

Address: 2340 Auburn Avenue, Cincinnati, OH 45219 Website: https://www.recoverycenterhc.org/

· Offers a variety of peer support/self-help, education, vocational & community involvement activities/services for people in the recovery stage of their mental illness

#### Childcare and Early Childhood Education

Cozy Home Child Care and Learning Center.

Address: 3559 Reading Rd, Cincinnati, OH 45229 Website: https://www.facebook.com/CozyHomeCares/

Open Sa-11pm serving families with children ages 6wks - 12yrs; supports remote learning

Early Head Start & Head Start Programs

Address: See website for multiple location options.

Website: https://www.cincinnatiheadstart.org/p/find-center.html

- . Programs serve families through full-day, full-year program options that meet their needs
- . For income-eligible families with infants and toddlers under age 3 (Early Head Start) or preschool children ages 3 to 5 (Head Start)
- Hamilton County Job & Family Resources

Address: 222 East Central Parkway, Cincinnati, OH, 45202

Website: https://www.hcifs.org/child-care-parents-caregivers/

- · Partially covers the cost of child care for eligible low- to moderate-income families.
- Cincinnati Preschool Promise

Website: https://cincy-promise.org/for-families/

 Tuition assistance, access to more resources for parents, and help to find a preschool. that's just right for your child

#### Emergency Shelter

ShelterHouse Rapid Re-Housing Program

Address: Men's - 411 Gest Street, Women's - 2499 Reading Rd, Cincinnati, OH 45206 Website: http://www.shelterhousecincy.org/what-we-do/housing-

- · Rapid re-housing places a priority on moving a family or individual experiencing homelessness into permanent housing as quickly as possible
- Sheakley Center for Youth -

Address: 2522 Highland Ave, Ciricinnati, OH 45219

Website: https://www.lys.org/services/shelter-and-resources-for-homeless-young-adults-18-24/sheakley-center-for-youth

- Resource center and shelter for youth up to age 24.
- Interfaith Hospitality Network

Address: 990 Nassau St, Cincinnati, OH 45206

Website: https://ihncincinnati.org/get-help/#toggle-id-1

- Serves families without homes in the Greater Cincinnati area call (513) 381-7233
- Lighthouse Youth Crisis Center

Address: 3330 Jefferson Ave, Cincinnati, OH 45220

Website: https://www.lys.org/services/homeless-and-runaway-youth/youth-crisis-center/

- Emergency facility for unaccompanied youth, 10-17 years old, to seek shelter and safety
- Tender Mercies, inc.

Address: 27 W 12th St. Cincinnati: OH 45202

Website: http://www.tendermerclesinc.org

- Permanent Housing for homeless men and women with mental illness

### **Brochure**



#### **Substance Abuse Resources**

Sober Living

Address: 4041 Reading Rd, Cincinnati, OH 45229 Website: http://www.soberlivingohio.com

 Safe, affordable, sober housing and structured living environment to those recovering alcohol and drug addiction

Addiction Services Council

Address: 2828 Vernon Place, Cincinnati, OH 45219

Website: http://www.alcoholismcouncil.org/

Provides assessment, referral, and treatment for individual and families navigating the
effects of substance use-related disorders through Recovery Health Access Center

Betnesda Alcohol and Drug Treatment

Address: 619 Oak St, 4th Floor West, Cincinnati, OH 45206
Website: https://www.trihealth.com/institutes-and-services/alcohol-and-drugtreatment/choosing-bethesda

· Offers day and evening intensive outpatient services 3 times per week.

Crossroads Center

Address: 311 Martin Luther King Drive E, Cincinnati, OH 45219

Website: https://thecrossroadscenter.org/

· Offers a wide range of addiction, behavioral, and mental health treatment programs

#### **TCB Resident Resources**

#### Health

- Virtual fitness classes via Zoom 2x per week every Monday and Wednesday 5:30-6:30 p.m.
- Peer Support Team of Health Champions that provide one-on-one coaching, resource referrals, support, and tangible items such as diapers and safety kits
- Access to food resources through Produce Pop-Ups and referrals to the Healthy Harvest Mobile Market

#### Education

- · Support with preschool enrollment
- · Parenting Classes through Parents on Point workshops
- · Preschool Readiness Activities and Events such as 'Make it Take it' craft events
- Early Literacy promotion through connection to Reading Bears community group and free books to build at-home libraries

#### Economic Mobility

- Ongoing rounds of Economic Mobility Fund initiatives which provide mini-grants and financial literacy programming in partnership with Avondale
- · Development Corporation
- . Housing Stability support through coaching and rental assistance resource connections

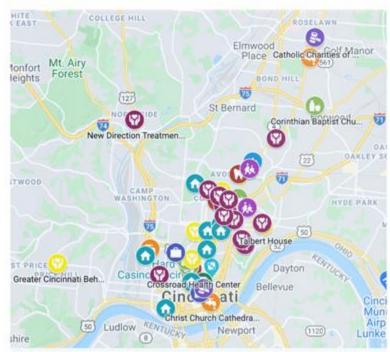
#### Mental Health

- · In-house mental health support from Greater Cincinnati Behavioral Health
- · Stress Reduction kits available upon request

#### Community Engagement

· Ongoing engagement, events, and opportunities via TCB Avondale CL Facebook Page

#### **Map of Resources**



Click to open an interactive map of all the listed and several additional resources in the Greater Cincinnati area



#### Connect with Us!







<sup>\*</sup>TCB does not endorse nor is responsible for the content on the sites.

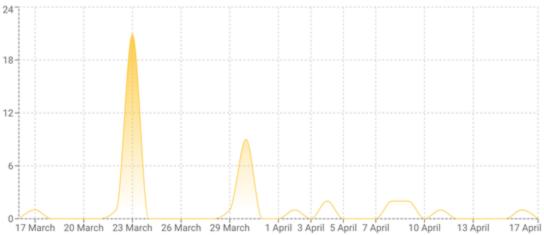
<sup>\*</sup>Information is subject to change without notice. Please contact providers directly.



# Results



**Figure 1.**Tracking impressions andmade every time the resource guide is loaded.

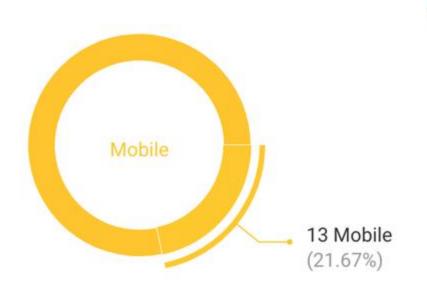


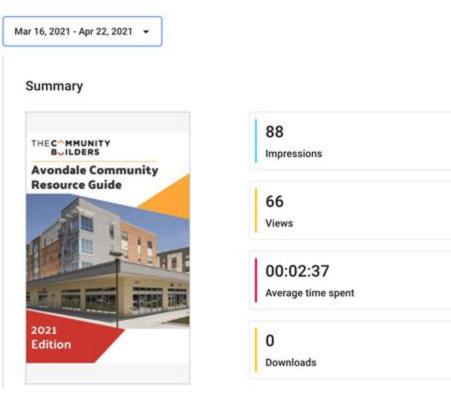
**Figure 2.**Tracking accessing of the resource guide.





## Results





**Figure 3.** Devices from which the guide was accessed and FlipSnack statistics summary from 3/16/21 - 4/22/21.





### **Future Directions**

- Expand utilization of online resource guide beyond TCB residents
- Develop survey to periodically assess community knowledge of local resources
- Further outreach with community members to update online guide with new and upcoming resources





# Acknowledgements

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# References

1. The Community Builders Midwest Cincinnati. 2018 Community Report: Avondale Choice Neighborhood. https://www.tcbinc.org/images/news-ideas/2018-Avondale-Community-Report-FINAL.pdf Web. Published 2018.